St Joseph's Roman Catholic Primary School
Physical Education Curriculum Overview 2026-2027

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	**Introduction to PE** Learning the basic principles of a PE lesson such as finding space, freezing on command, using and sharing equipment and working individually, with a partner and group.	**Fundamental Movement Skills** (Balancing, Running, Jumping, changing direction, Hopping, Travelling)	**Fundamental Movement Skills** (Hopping, Galloping, Skipping, Sliding, Jumping)	**Ball Skills**	**Dance**	**Team Games**
Year 1	**Fundamental Movement Skills** (Balancing, Sprinting, Jogging, Dodging, Jumping, Hopping)	**Gymnastics**	**Athletics**	**Ball Skills**	**Invasion Games**	**Striking and fielding**
Year 2	**Fundamentals Movement Skills** (Balancing, Sprinting, Jogging, Dodging, Jumping, Hopping)	**Gymnastics**	**Athletics**	**Ball Skills**	**Invasion Games**	**Striking and fielding**
Year 3	**Basketball**	**Gymnastics**	**Athletics**	**Handball**	**Football**	**Cricket**
Year 4	**Basketball**	**Gymnastics**	**Athletics**	**Handball**	**Football**	**Cricket**
Year 5	**Basketball** **Swimming (1)**	**Gymnastics** **Swimming (1)**	**Athletics** **Swimming (1)**	**Tennis** **Swimming (2)**	**Gaelic Football** **Swimming (2)**	**Rounders** **Football** **Swimming (2)**
Year 6	**Basketball**	**Gymnastics**	**Athletics**	**Tennis**	**Gaelic football**	**Rounders** **Football**