



Newsletter

24 May 2019

Catholic Life of the School

In the Gospel reading at Mass on Sunday, we will hear about Jesus leaving his peace in the world.

Jesus said, "Peace I leave with you; my peace I give to you. I do not give to you as the world gives."

When he was preparing to return to the Father, Jesus left a special gift for all of us; the kind of peace that comes only from receiving the Holy Spirit into our lives.

Even when we are in a troubling situation, the peace of God brings a calmness to our anxieties and worries.

We can also bring peace to others by being kind and friendly to others and by being the peacemaker if others are not getting on well.

In your prayer time this week, you may wish to ask Jesus for his peace to be present in a difficult situation.

Dear young people, let us pray for peace in our hearts. Let's promote friendship and respect between people of different religious traditions in order to build a world of peace.

Pope Francis

We wish all our families a wonderful half-term break.

Children return to school on Monday 3 June.

Celebrations

We are always very happy to share news about the children's achievements outside of school.

Please email details and photos to:

info@stjo.brent.sch.uk

Community Dates

30 May Ascension of Jesus

31 May Lailay al-Qadr
Quds Day
(Islam)

No Tobacco Day

Safeguarding

If you have any concerns for the safety and well-being of any child, please make an appointment to see Mrs Studd who is our Designated Safeguarding Lead.

In an emergency, please call the police without delay.

We can also help parents through Brent's Early Help Assessment process. If you are having difficulties with housing, finances or health, please speak with Mrs Studd who can signpost you to appropriate support and services.

[Click here](#) for information from the NSPCC on Positive Parenting

[Click here](#) for Brent Citizens Advice

Useful Contacts:

NSPCC: 0808 800 5000

Brent Social Services:
020 8937 4300

St Joseph's

Roman Catholic
Primary School

020 8965 5651

admin@stjo.brent.sch.uk

www.stjosephsrc.co.uk

Nursery Sports Morning

Thank you to all the parents who joined us for the Nursery Class Sports Morning!

The children enjoyed the organised team games and took part in individual events.

The weather was beautiful and the encouragement from parents was wonderful!

We are so very proud of the children for trying their best in all the activities.

Please see the schedule below for the rest of the Sports Mornings. Please note that these may be subject to change due to weather or any other unforeseen situations.



Summer Term Sports Mornings

Parents are invited to join us for the annual sports mornings this term:

<i>Friday 7 June</i>	<i>Reception at 9:30 - 10:10</i>
<i>Friday 14 June</i>	<i>Year 1 at 9:30 - 10:10</i>
<i>Friday 21 June</i>	<i>Year 2 at 9:30 - 10:15</i>
<i>Thursday 27 June</i>	<i>Year 3 at 9:30 - 10:30</i>
<i>Friday 28 June</i>	<i>Year 6 at 9:30 - 10:30</i>
<i>Thursday 4 July</i>	<i>Year 4 at 9:30 - 10:30</i>
<i>Thursday 11 July</i>	<i>Year 5 at 9:30 - 10:30</i>

Dates may be changed at short notice due to weather or other unforeseen circumstances

Please ensure your child is provided with their full PE Kit on the day of their sports activities and that they have a water bottle.

As the children will be outside for up to an hour, please also ensure you have applied protective sun cream on your child's skin before they come to school.

Year 4 Easter Project

During the Easter Holidays, Year 4 children continued their learning on the death and resurrection of Jesus.

All the children worked very hard on their models depicting the tomb of Jesus. They used a variety of materials to produce outstanding pieces of art work to support their current learning in Religious Education.

Thank you parents for supporting your children with this beautiful project.



Personal Development Information

This morning, Mrs Forde and Mrs Studd hosted a Personal Development information session for a select group of parents. This was the first time we have organised information sharing in this particular way so we are very thankful to the parents who agreed to take part and to help us shape the next session.

We looked at how the school provides for the children's development throughout their time at St Joseph's, and the support that is in place to ensure every child reaches their full potential. We also looked at how the school works with parents and external partners to ensure every child feels safe and secure.

Some of the topics we looked at today included online safety, mental health, gangs and county lines, child criminal exploitation, therapeutic services, local (contextual) safeguarding issues and the importance of seeking/providing early help.

Thank you very much to the parents who were able to join us at this session and we look forward to organising the next meeting.

The children will have class photographs on the first day back - Monday 3 June. Please ensure your child is wearing full and correct uniform and has a hairstyle in line with school policy.

Attendance

The class with the best attendance during week beginning 13 May was

Class 3W

If your child is not going to be in school please call the office on 020 8965 5651 or email the school at: admin@stjo.brent.sch.uk before 9.00am on every day of absence.

In addition to making a telephone call by 9.00am on every day of absence, this must be followed up in writing. Parents may complete a **Reason For Absence** form (available from school office or school website) or you may write a letter / email to confirm the reason for the absence.

When you know in advance that your child will be absent, please inform the school in advance and provide appropriate documentation such as the medical appointment letter.

Please remember that all school policies are in place for a reason with the main purpose being to ensure the safety, well-being and secure development of your child.

If we have any concerns about a child's absence, we may carry out a home visit. We may also contact Brent Education Welfare and Social Services.

Please remember term time leave for family holiday and celebrations are not permitted in line with our Attendance Policy. Unauthorised absences are referred to Brent Education Welfare who have the authority to issue Education Penalty Notices of £120 per child, per parent. This reduces by 50% if paid within 21 days.

Safer Internet

This year, Safer Internet Day took place on Tuesday 5 February. This was organised to help increase awareness about the safest ways in which to engage with and enjoy all types of online activity.

At St Joseph's, we frequently communicate with our children and parents about online safety to help reduce the risk of children accessing inappropriate websites or becoming engaged in unsuitable communications online.

The school computers and digital equipment have been protected to prevent children and any other persons on site from accessing any inappropriate materials.

Therefore, we encourage parents to ensure that their own home equipment has the same protections. Please also check regularly what your child is doing online.

Our website contains a number of links to resources for parents. Please [click here](#) for direct access to the information.

School Uniform

Please ensure that children wear full school uniform at all times. All items should be clearly labelled.

As we are now experiencing warmer weather, please ensure you apply an 'all day' sun protection cream on your child's skin before they come to school. Children may also wear the St Joseph's sun cap at break times this term.

Parental Communication

Parents are reminded that it is very helpful for school to be kept informed of any factors that may impact on your child's learning or well-being.

This is to ensure that we are all doing everything we can to support your child and family.

Please make an appointment to see our Education Support Manager, Mrs Studd, to discuss any matters that school should be aware of so we can make informed decisions together.

Personal Safety

Parents are reminded to frequently speak with their children about personal safety.

Many of our older children travel to and from school without their parents. This is a very normal part of preparing children for independent travel.

However, there can be issues that may present danger so please prepare your children for such situations.

Please [click here](#) to view a booklet prepared by the NSPCC to support parents with these conversations.



Please remember that children should not be left unsupervised at the school gates before 8.30am. The school cannot take responsibility for your children before they enter the premises.

Please also be mindful that the roads around the school are very quiet before 8.30am so children should not be arriving before this time and left without adult supervision.

BRENT PARENT CARER FORUM

FREE CONFERENCE

Parents and carers of children/young people aged 0-25
with special educational needs and disabilities (SEND)

Thursday 4 July 2019, 10am-3pm (registration from 9.30am)

The Learning Zone at Wembley Stadium

- Meet other Brent parents who have a child or young person with SEND
- Share your experiences and learn together with professionals working in education, health and social care
- Learn more about education, health and care (EHC) plans and SEN Support (for children without an EHC plan)
- Get information from providers who support SEND
- Refreshments and light lunch

Keynote speaker will be Steve Broach, a public lawyer with a particular interest and expertise in health, education and social care, who focuses on disability and children's rights cases.

Please book your place by 7 June 2019 by visiting (EVENTBRITE URL TO FOLLOW)
For more information telephone Brent Parent Carer Forum on 0114 213 4912 (local rate) or email bpcfoffice@gmail.com

Organised in partnership with Brent Council and Brent Clinical Commissioning Group (CCG)



From Easter to Pentecost - Year C

Linking School, Parish and Home



Religious Education

Key Idea: Easter to Pentecost

This resource continues learning about Easter by exploring the Season of Easter, the period from Easter Sunday to Pentecost. Belief in the resurrection is presented as one of the founding beliefs of Christians. This resource teaches from the Gospel of Luke and Acts of the Apostles, also written by Luke. It uses Luke's technique of 'bridge people' to explore those who brought Christianity to England.

Attitudes and Spiritual Dispositions

Spiritual Outcomes: It is hoped that pupils will develop:

- A strengthened sense of belief in the resurrection of Jesus
- A sense of how the resurrection provides a way of living

- An appreciation of those how have gone before in faith.

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much greater if you and the school are engaged in talking about the same ideas and beliefs.

- Easter is a time of reflection, thanksgiving and celebration. Make a point of spending time in a Church this Easter.

An idea for prayer at home

Prayer Activity



Loving God,

In loving you we are called to pass on the message of your love to others.

We thank you for all those 'bridge people' who have made a road for us to walk.

May we be like them; setting a path for others to follow.

Amen

10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM @BELIEVEPHQ



ROLE MODEL
Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you



TALKING
Support your child to talk about their problems and how they are feeling



SLEEP
Support your child to build positive sleep habits. Develop a good sleep environment with your child



WELLBEING
Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety

PLAY

Promote play and creativity among your child. Allow them to explore



SELF CARE

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



AUTONOMY

Allow your child to make their own decisions. This will help to build resilience

RELATIONSHIPS

Support your child to build positive relationships with friends and family



RELAXATION

Help your child to relax. Teach them relaxation skills such as deep breathing

