



Newsletter

19 July 2019

Catholic Life of the School

At Mass this Sunday, the Gospel reading reminds us about the story of Mary and Martha.

Jesus was very good friends with Mary, Martha and their brother Lazarus. He spent time with them and, on this occasion, Jesus is visiting them at their home.

In the reading, we learn that Martha was very busy preparing the meal they were going to share. Mary sat with Jesus, listening to all that he was saying.

Martha was a little frustrated at this and asked Jesus "Do you not care that my sister is leaving me to do all the serving by myself?"

Jesus tells Martha that she worries about so many things but Mary has made a good choice.

Jesus asks all of us to sit with him and listen to what he has to say to us. He really enjoys being with us and we can share a good conversation with Jesus through our prayers.

In your family prayer time this week, you may wish to take Pope Francis' advice:

Open up your heart and listen to what God is saying to you.

We wish all of our children and families a very happy and safe summer holiday!

Children return to school on Monday 9 September.

Celebrations

We are always very happy to share news about the children's achievements outside of school.

Please email details and photos to:

info@stjo.brent.sch.uk

Safeguarding

If you have any concerns for the safety and well-being of any child, please make an appointment to see Mrs Studd who is our Designated Safeguarding Lead.

In an emergency, please call the police without delay.

We can also help parents through Brent's Early Help Assessment process. If you are having difficulties with housing, finances or health, please speak with Mrs Studd who can signpost you to appropriate support and services.

[Click here](#) for information from the NSPCC on **Positive Parenting**

[Click here](#) for Brent **Citizens Advice**

Useful Contacts:

NSPCC: 0808 800 5000

Brent Social Services:
020 8937 4300

Community Dates

22 Jul Feast Day of Saint Mary Magdalene

23 Jul Birthdays of Guru Har Krishan (Sikh) and Emperor Haile Sellasie (Rastafari)

**St Joseph's
Roman Catholic
Primary School**

020 8965 5651

admin@stjo.brent.sch.uk

www.stjosephsrc.co.uk

French Day

The topic of our French Day this year was French Polynesia which is part of the French Republic and is composed of 118 islands stretching over more than 2,000 kilometres in the South Pacific Ocean.

The children developed their cultural awareness of this French-speaking group of islands through various workshops. This included expressive arts where the children were encouraged to design a traditional tattoo, creating French Polynesian headbands, taking part in a traditional Polynesian stick dance and exploring the work of artist Paul Gauguin who lived in Tahiti.

There were also opportunities to find out about travel and time zones in the maths workshop as well as learning about the traditional Polynesian creation myth in the RE workshop, therefore developing an understanding and respect of world beliefs. The children also learnt about daily life for children of a similar age in French Polynesia.

Well done to all participants and especially to the children who received French certificates for their hard work and positive contributions!



Reception Trip

On Monday, the Reception children had a wonderful visit to the Chiltern Museum.

They had a great time exploring the stories of The Three Little Pigs and Goldilocks and the Three Bears in the countryside.

They tasted porridge, built homes out of straw, sticks and wood, hid from the big bad wolf, and made bears out of clay!

We had a fantastic time and all the other visitors and museum staff commented on the exceptional behaviour of the children.



Stay and Read

The Nursery parents have been enjoying the 'stay and read' sessions on Thursday mornings where they have the opportunity to enjoy reading a book together.

Children learn through reading so it is important to develop a love for this skill from an early age.

Parents have a wonderful opportunity to share with their children the stories they learned. So please remember that you already have fascinating stories from your own childhood that will engage all your family in storytelling too.



Personal Safety

Parents are reminded to frequently speak with their children about personal safety.

Many of our older children travel to and from school without their parents. This is a very normal part of preparing children for independent travel.

However, there can be issues that may present danger so please prepare your children for such situations.

Please [click here](#) to view a booklet prepared by the NSPCC to support parents with these conversations.



Please remember that children should not be left unsupervised at the school gates before 8.30am. The school cannot take responsibility for your children before they enter the premises.

*Please remember that children return to school on
Monday 9 September.*

*The school gates will be open from 8.30am and all
children must be in school by 8.55am at the latest.*

Attendance

The class with the best attendance during week beginning 08 July was

Class 3G

If your child is not going to be in school please call the office on 020 8965 5651 or email the school at: admin@stjo.brent.sch.uk before 9.00am on every day of absence.

In addition to making a telephone call by 9.00am on every day of absence, this must be followed up in writing. Parents may complete a **Reason For Absence** form (available from school office or school website) or you may write a letter / email to confirm the reason for the absence.

When you know in advance that your child will be absent, please inform the school in advance and provide appropriate documentation such as the medical appointment letter.

Please remember that all school policies are in place for a reason with the main purpose being to ensure the safety, well-being and secure development of your child.

If we have any concerns about a child's absence, we may carry out a home visit. We may also contact Brent Education Welfare and Social Services.

Please remember term time leave for family holiday and celebrations are not permitted in line with our Attendance Policy. Unauthorised absences are referred to Brent Education Welfare who have the authority to issue Education Penalty Notices of £120 per child, per parent. This reduces by 50% if paid within 21 days.

Safer Internet

This year, Safer Internet Day took place on Tuesday 5 February. This was organised to help increase awareness about the safest ways in which to engage with and enjoy all types of online activity.

At St Joseph's, we frequently communicate with our children and parents about online safety to help reduce the risk of children accessing inappropriate websites or becoming engaged in unsuitable communications online.

The school computers and digital equipment have been protected to prevent children and any other persons on site from accessing any inappropriate materials.

Therefore, we encourage parents to ensure that their own home equipment has the same protections. Please also check regularly what your child is doing online.

Our website contains a number of links to resources for parents. Please [click here](#) for direct access to the information.

School Uniform

Please ensure that children wear full school uniform at all times. All items should be clearly labelled.

As we are now experiencing warmer weather, please ensure you apply an 'all day' sun protection cream on your child's skin before they come to school. Children may also wear the St Joseph's sun cap at break times this term.

Parental Communication

Parents are reminded that it is very helpful for school to be kept informed of any factors that may impact on your child's learning or well-being.

This is to ensure that we are all doing everything we can to support your child and family.

Please make an appointment to see our Education Support Manager, Mrs Studd, to discuss any matters that school should be aware of so we can make informed decisions together.

10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM



@BELIEVEPHQ



COPING SKILLS
Work with your child to develop coping skills. Support your child to learn skills such as problem solving and thought challenging



TALKING
Support your child to talk about their problems and how they are feeling



ROLE MODEL
Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you

SLEEP

Support your child to build positive sleep habits. Develop a good sleep environment with your child



PLAY

Promote play and creativity among your child. Allow them to explore



WELLBEING

Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety



SELF CARE

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



AUTONOMY

Allow your child to make their own decisions. This will help to build resilience

RELATIONSHIPS

Support your child to build positive relationships with friends and family



RELAXATION

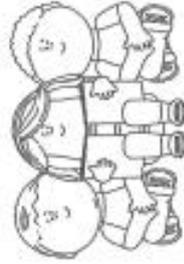
Help your child to relax. Teach them relaxation skills such as deep breathing



St. Joseph's Summer Reading Challenge 2019

This summer St. Joseph's children are challenged to read as many books from the provided set list as they can. When each book has been read complete a book review on the attached sheet to tell everyone what you think.

In September bring your finished book reviews in to your new teacher who will then award certificates for bronze, silver, gold or platinum.



*The more that you read,
the more things you will know.
The more that you learn,
the more places you'll go.*
-- Dr. Seuss

EXTREME READING CHALLENGE

Don't forget to take part in our 'Extreme Reading Challenge' and take photographs of yourself reading in an unusual place. This challenge is open to all members of St. Joseph's community including pupils, parents and staff. Photographs will be shared in September and the best photographs will receive a prize and a place on our Wall of Fame!



Extreme
Get Caught Reading