



# Newsletter

10 May 2019

## Catholic Life of the School

*This Sunday is Good Shepherd Sunday.*

*Jesus told his disciples "The sheep that belong to me listen to my voice".*

*We can hear the voice of Jesus today, speaking into and from our hearts and minds. Like a shepherd, Jesus guides us when we need to make choices and take actions.*

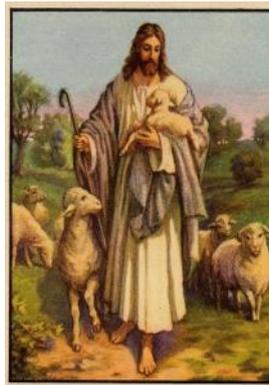
*We can be sure that Jesus only ever wants the best for our lives. "I give them eternal life; they will never be lost and no one will ever steal them from me". Jesus is saying that he will always stay close to us and he asks that we always try to stay close to him by following his guidance.*

*Jesus said "The Father and I are one". So we can be assured that Jesus is God's son and he has authority*

*to bring God's word and plans to our attention.*

*God is so gracious that he gives us the choice to respond to his invitation of a relationship with Jesus and to receive eternal life.*

*We can make a good start by listening to and following Jesus the Good Shepherd. We should be kind to each other, share generously and be thankful to our parents and teachers for their care and guidance in our lives.*



Psalm 23

The Lord, My Shepherd

"The Lord is my shepherd, I shall not want."

(Psalm 23: 1)

## Celebrations

*We are always very happy to share news about the children's achievements outside of school.*

*Please email details and photos to:*

*info@stjo.brent.sch.uk*

## Safeguarding

*If you have any concerns for the safety and well-being of any child, please make an appointment to see Mrs Studd who is our Designated Safeguarding Lead.*

*In an emergency, please call the police without delay. To contact Brent Social Services, please call 020 8937 4300.*

*We can also help parents through Brent's Early Help Assessment process. If you are having difficulties with housing, finances or health, please speak with Mrs Studd who can signpost you to appropriate support and services.*

*Click here for information from the NSPCC on Positive Parenting*

*Click here for Brent Citizens Advice*

## Useful Contacts:

*NSPCC: 0808 800 5000*

*Brent Social Services: 020 8937 4300*

## Community Dates

**13 May** Our Lady of Fatima Mental Health Awareness Week

**15 May** International Day of Families

**St Joseph's Roman Catholic**

**Primary School**

020 8965 5651

admin@stjo.brent.sch.uk

www.stjosephsrc.co.uk

## Visit from JP Morrison

It was a pleasure to welcome Mr JP Morrison to St Joseph's on Tuesday 30 April.

Mr Morrison is the Director of Education at the Diocese of Westminster.

He later tweeted that he enjoyed his time here as much as we enjoyed his visit!

Thank you Mr Morrison for coming to see our lovely new school building and for spending time with the children. We look forward to seeing you again soon.

Great visit to #StJosephsCatholicPrimarySchool #Brent this morning. Wonderful community & thank you for your hospitality @RCWestminster - at St Joseph's Roman Catholic Primary School



## Personal Safety

Parents are reminded to frequently speak with their children about personal safety.

Many of our older children travel to and from school without their parents. This is a very normal part of preparing children for independent travel.

However, there can be issues that may present danger so please prepare your children for such situations.

Please [click here](#) to view a booklet prepared by the NSPCC to support parents with these conversations.



Please remember that children should not be left unsupervised at the school gates before 8.30am. The school cannot take responsibility for your children before they enter the premises.

Please also be mindful that the roads around the school are very quiet before 8.30am so children should not be arriving before this time and left without adult supervision.

## Drug-related Crime

The Brent Safer Neighbourhood Board have organised an information evening at Brent Civic Centre on Tuesday 21 May. Coffee and tea will be served in the Grand Hall from 6.45pm and the meeting will start at 7.00pm.

The Panel will include Louis Smith (Police Superintendent, North West London), Tom Sackville and Mary Payne (Brent Substance Misuse Service), Danny Coyle (Headteacher of Newman Catholic College) and David MacKintosh (Drugs Policy Adviser). A Brent Youth Parliament member and a St Giles Trust mentor for schools are also expected to be in attendance.

Please contact the Police directly and without delay if you have any concerns that any crime is being planned or is taking place.

## Summer Term Sports Mornings

Parents are invited to join us for the annual sports mornings this term:

Friday 24 May	Nursery at 9:30 - 10:10
Friday 7 June	Reception at 9:30 - 10:10
Friday 14 June	Year 1 at 9:30 - 10:10
Friday 21 June	Year 2 at 9:30 - 10:15
Thursday 27 June	Year 3 at 9:30 - 10:30
Friday 28 June	Year 6 at 9:30 - 10:30
Thursday 4 July	Year 4 at 9:30 - 10:30
Thursday 11 July	Year 5 at 9:30 - 10:30

*Dates may be changed at short notice due to weather or other unforeseen circumstances*

*Please ensure your child is provided with their full PE Kit on the day of their sports activities and that they have a water bottle.*

*As the children will be outside for up to an hour, please also ensure you have applied protective sun cream on your child's skin before they come to school.*

### BRENT PARENT CARER FORUM

# FREE CONFERENCE

**Parents and carers of children/young people aged 0-25  
with special educational needs and disabilities (SEND)**

**Thursday 4 July 2019, 10am-3pm** (registration from 9.30am)

The Learning Zone at Wembley Stadium

- Meet other Brent parents who have a child or young person with SEND
- Share your experiences and learn together with professionals working in education, health and social care
- Learn more about education, health and care (EHC) plans and SEN Support (for children without an EHC plan)
- Get information from providers who support SEND
- Refreshments and light lunch

Keynote speaker will be Steve Broach, a public lawyer with a particular interest and expertise in health, education and social care, who focuses on disability and children's rights cases.

Please book your place by 7 June 2019 by visiting (EVENTBRITE URL TO FOLLOW)  
For more information telephone Brent Parent Carer Forum on 0114 213 4912 (local rate) or email [bpcoffice@gmail.com](mailto:bpcoffice@gmail.com)

Organised in partnership with Brent Council and Brent Clinical Commissioning Group (CCG)



## Attendance

The classes with the best attendance during week beginning 29 April were:

**Class RG and Class 3G**

If your child is not going to be in school please call the office on 020 8965 5651 or email the school at: [admin@stjo.brent.sch.uk](mailto:admin@stjo.brent.sch.uk) before 9.00am on every day of absence.

In addition to making a telephone call by 9.00am on every day of absence, this must be followed up in writing. Parents may complete a **Reason For Absence** form (available from school office or school website) or you may write a letter / email to confirm the reason for the absence.

When you know in advance that your child will be absent, please inform the school in advance and provide appropriate documentation such as the medical appointment letter.

Please remember that all school policies are in place for a reason with the main purpose being to ensure the safety, well-being and secure development of your child.

If we have any concerns about a child's absence, we may carry out a home visit. We may also contact Brent Education Welfare and Social Services.

Please remember term time leave for family holiday and celebrations are not permitted in line with our Attendance Policy. Unauthorised absences are referred to Brent Education Welfare who have the authority to issue Education Penalty Notices of £120 per child, per parent. This reduces by 50% if paid within 21 days.

## Safer Internet

This year, Safer Internet Day took place on Tuesday 5 February. This was organised to help increase awareness about the safest ways in which to engage with and enjoy all types of online activity.

At St Joseph's, we frequently communicate with our children and parents about online safety to help reduce the risk of children accessing inappropriate websites or becoming engaged in unsuitable communications online.

The school computers and digital equipment have been protected to prevent children and any other persons on site from accessing any inappropriate materials.

Therefore, we encourage parents to ensure that their own home equipment has the same protections. Please also check regularly what your child is doing online.

Our website contains a number of links to resources for parents. Please [click here](#) for direct access to the information.

## School Uniform

Please ensure that children wear full school uniform at all times. All items should be clearly labelled.

As we are now experiencing warmer weather, please ensure you apply an 'all day' sun protection cream on your child's skin before they come to school. Children may also wear the St Joseph's sun cap at break times this term.

## Parental Communication

Parents are reminded that it is very helpful for school to be kept informed of any factors that may impact on your child's learning or well-being.

This is to ensure that we are all doing everything we can to support your child and family.

Please make an appointment to see our Education Support Manager, Mrs Studd, to discuss any matters that school should be aware of so we can make informed decisions together.

# 10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM

@BELIEVEPHQ



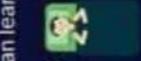
**ROLE MODEL**  
Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you



**TALKING**  
Support your child to talk about their problems and how they are feeling



**COPING SKILLS**  
Work with your child to develop coping skills. Support your child to learn skills such as problem solving and thought challenging



**SLEEP**  
Support your child to build positive sleep habits. Develop a good sleep environment with your child



**WELLBEING**  
Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety

**PLAY**

Promote play and creativity among your child. Allow them to explore



**SELF CARE**

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



**AUTONOMY**  
Allow your child to make their own decisions. This will help to build resilience

**RELAXATION**

Help your child to relax. Teach them relaxation skills such as deep breathing



**RELATIONSHIPS**

Support your child to build positive relationships with friends and family



\*sessions must be booked in advance

## Brent Educational Psychology Service Parent Drop-In Sessions with an Educational Psychologist (EP)

Venue: Byron Court Primary School, Spencer Road, Wembley HA0 3SF

Date: Wednesday 15<sup>th</sup> May, 2019

Book a 45 minute session\* between 9.00am and 12pm

The EP parent drop-in sessions are offered to any parent or carer who has a child in a Brent school and who would like to have some time to discuss any concerns with an educational psychologist (examples may include: your child's emotional well-being, challenging behaviours, learning progress, your relationship with your child or some of your own worries). The sessions aim to be supportive, confidential and informal. Each session is up to 45 minutes.

To book a session contact the Brent EPS on 0208 937 3200/07867 189440 or email : eps@brent.gov.uk

## From Easter to Pentecost - Year C

Linking School, Parish and Home



### Religious Education

#### Key Idea: Easter to Pentecost

This resource continues learning about Easter by exploring the Season of Easter, the period from Easter Sunday to Pentecost. Belief in the resurrection is presented as one of the founding beliefs of Christians. This resource teaches from the Gospel of Luke and Acts of the Apostles, also written by Luke. It uses Luke's technique of 'bridge people' to explore those who brought Christianity to England.

#### Attitudes and Spiritual Dispositions

**Spiritual Outcomes:** It is hoped that pupils will develop:

- A strengthened sense of belief in the resurrection of Jesus
- A sense of how the resurrection provides a way of living

- An appreciation of those how have gone before in faith.

#### Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much greater if you and the school are engaged in talking about the same ideas and beliefs.

- Easter is a time of reflection, thanksgiving and celebration. Make a point of spending time in a Church this Easter.

#### An idea for prayer at home

#### Prayer Activity



Loving God,

In loving you we are called to pass on the message of your love to others.

We thank you for all those 'bridge people' who have made a road for us to walk.

May we be like them; setting a path for others to follow.

Amen

# Our Lady of Willesden Procession

Sunday 12<sup>th</sup> May  
3:30pm

The Shrine of Our Lady of Willesden  
1 Nicoll Road NW10 9AX



Join us to pray to  
Our Mother for her protection,  
that she may wrap her  
mantle around London.

Preacher:  
Fr Martin Plunkett

All are welcome.

Bakerloo and overground to Willesden Junction.  
Buses 18,187,206,220,226,228,260,266 & 487