



# Newsletter

08 March 2019

## Catholic Life of the School

During Monday's school assembly we enjoyed a wonderful presentation from the Catholic Children's Society.

We learned about the many projects supported by the generous fundraising of people throughout the year and particularly at Lent.

On Wednesday, Fr Stephen and Fr Andrew led the Ash Wednesday services at the school. We gathered as a community to remember this special day which marks the start of the Lenten period.

Please remember to pray for a closer relationship with God during Lent.



## Safeguarding

If you have any concerns for the safety and well-being of any child, please make an appointment to see Mrs Studd who is our Designated Safeguarding Lead.

In an emergency, please call the police without delay. To contact Brent Social Services, please call 020 8937 4300.

We can also help parents through Brent's Early Help Assessment process. If you are having difficulties with housing, finances or health, please speak with Mrs Studd who can signpost you to appropriate support and services.

[Click here](#) for information from the NSPCC on **Positive Parenting**

[Click here](#) for Brent **Citizens Advice**

### Useful Contacts:

NSPCC: 0808 800 5000

Brent Social Services:  
020 8937 4300

## Celebrations

We are always very happy to share news about the children's achievements outside of school.

Please email details and photos to:

[info@stjo.brent.sch.uk](mailto:info@stjo.brent.sch.uk)

## Community Dates

- 08 Mar International Women's Day
- 10 Mar Cheesefare Sunday (Orthodox)
- 11 Mar Clean Monday (Orthodox)

St Joseph's Roman Catholic

Primary School

020 8965 5651

[admin@stjo.brent.sch.uk](mailto:admin@stjo.brent.sch.uk)

[www.stjosephsrc.co.uk](http://www.stjosephsrc.co.uk)

## *Lion King*

*We have had a wonderful week of performances of the Lion King at St Joseph's! There is one more performance for parents on Tuesday 12 March - admission by ticket only.*

*We are also delighted that Ms Lawrence, Headteacher of St Mary's Church of England School, will be bringing some of her pupils to enjoy a performance next week too.*

*The children and staff have worked very hard to produce an outstanding show that is of the highest professional standards. Congratulations to all who have been involved in supporting this wonderful production.*

*We hope you enjoy the photos below. More photographs and videos can be accessed by [clicking here](#).*



## *Merit of the Week Award*

*The following children have received Merit Certificates in our whole school assembly for demonstrating excellent standards in their learning and behaviour:*

*Romy 2H, Zena 2S, Joshua 3C, Kasper 3G, Ikeoluwa 3W, Tobí 4G,*

*Lashana 4H, Dominik 4M, Shaniah 5H, Joyce 5M, Martyna 6L and Omarí 6M*

## *Student of the Week Award*

*Lillian 3W For a positive attitude towards helping others*

*Kamryn 4H For being very supportive to her peers*

*Benjamin 5H For becoming more confident in communicating with others*

## Personal Safety

Parents are reminded to frequently speak with their children about personal safety.

Many of our older children travel to and from school without their parents. This is a very normal part of preparing children for independent travel.

However, there can be issues that may present danger so please prepare your children for such situations.

Please [click here](#) to view a booklet prepared by the NSPCC to support parents with these conversations.

Please remember that children should not be left unsupervised at the school gates before 8.30am.

The school cannot take responsibility for your children before they enter the premises.

Please also be mindful that the roads around the school are very quiet before 8.30am so children should not be arriving before this time and left without adult supervision.



## Ace Clothing Sale

The school uniform providers, Ace Clothing, will be in school on Wednesday 13 March from 3.00pm.

Ace will be selling St Joseph's uniform with a 10% discount on this day.

Payments must be made immediately by cash or card.

We do hope parents will take advantage of this opportunity to purchase new items for next year at a discounted price!



## World Book Day

On Friday the children enjoyed dressing up as their favourite book characters!

In Nursery and Reception, the children regularly have the opportunity to fully immerse themselves in the school reading books by using the learning resources in their classrooms. Some of the children enjoy dressing up as the characters from the books and re-enacting the story. Others like to use the soft toys to act out scenes and some children prefer to draw or paint their favourite character from a book.

Please continue to encourage your children's love of reading, whatever their age, and we hope that you enjoy reading with them too!



## **Attendance**

The class with the best attendance during week beginning 25 February was:

### **Class 3C**

If your child is not going to be in school please call the office on 020 8965 5651 or email the school at: [admin@stjo.brent.sch.uk](mailto:admin@stjo.brent.sch.uk) before 9.00am on every day of absence.

In addition to making a telephone call by 9.00am on every day of absence, this must be followed up in writing. Parents may complete a **Reason For Absence** form (available from school office or school website) or you may write a letter / email to confirm the reason for the absence.

When you know in advance that your child will be absent, please inform the school in advance and provide appropriate documentation such as the medical appointment letter.

Please remember that all school policies are in place for a reason with the main purpose being to ensure the safety, well-being and secure development of your child.

If we have any concerns about a child's absence, we may carry out a home visit. We may also contact Brent Education Welfare and Social Services.

Please remember term time leave for family holiday and celebrations are not permitted in line with our Attendance Policy. Unauthorised absences are referred to Brent Education Welfare who have the authority to issue Education Penalty Notices of £120 per child, per parent. This reduces by 50% if paid within 21 days.

## **Safer Internet**

This year, Safer Internet Day took place on Tuesday 5 February. This was organised to help increase awareness about the safest ways in which to engage with and enjoy all types of online activity.

At St Joseph's, we frequently communicate with our children and parents about online safety to help reduce the risk of children accessing inappropriate websites or becoming engaged in unsuitable communications online.

The school computers and digital equipment have been protected to prevent children and any other persons on site from accessing any inappropriate materials.

Therefore, we encourage parents to ensure that their own home equipment has the same protections. Please also check regularly what your child is doing online.

Our website contains a number of links to resources for parents.

Please [click here](#) for direct access to the information.

## **Parental Communication**

Parents are reminded that it is very helpful for school to be kept informed of any factors that may impact on your child's learning or well-being.

This is to ensure that we are all doing everything we can to support your child and family.

Please make an appointment to see our Education Support Manager, Mrs Studd, to discuss any matters that school should be aware of so we can make informed decisions together.

## **School Uniform**

Please ensure that children wear full school uniform at all times.

In this colder weather, please ensure that your child comes to school every day with their school coat, school hat, school scarf and gloves.

All items should be clearly labelled.

# Shine Your Light

How can you use your talents to make someone's day brighter?



**My Talents**

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1 Ash Wednesday	2	3	4	First Sunday of Lent	5
6	7 Today I will learn about Abdi and pray for his family	8	9	10	Second Sunday of Lent
11	12	13 Today I will learn about Joseph and pray for his family	14	15	16
Third Sunday of Lent	17	18	19 Today I will learn about Lily and pray for her family	20	21



22	Fourth Sunday of Lent (Laetare)	23	24	25 Today I will learn about Zara and pray for her family	26
27	28	Fifth Sunday of Lent	29	30	31 Today I will learn about Annie and pray for her family
32	33	34	Palm Sunday	35	36
37 Today I will learn about Max and pray for his family	38 Holy Thursday	39 Good Friday	40 Holy Saturday	Easter Sunday	

Thank you for brightening the lives of local children and families this Lent!







# Junior Musician of the Year 2019

Wednesday  
13th March 2019

7.00pm

Come and support six extremely talented young finalists, aged 8-12, as they compete for this prestigious title

## Tickets Online:

<https://bjmy2019.eventbrite.co.uk>

£2 / £1 (concessions)

## Venue:

Convent of Jesus and Mary Language College  
Crownhill Road  
Willesden  
London  
NW10 4EP



Supported using grants funding by  
ARTS COUNCIL ENGLAND



@brentmusicians @brentmusicianstv @brentmusicianradio www.brent.gov.uk/bmis

# 10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM @BELIEVEPHQ



**ROLE MODEL**  
Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you



**TALKING**  
Support your child to talk about their problems and how they are feeling



**COPING SKILLS**  
Work with your child to develop coping skills. Support your child to learn skills such as problem solving and thought challenging



**SLEEP**  
Support your child to build positive sleep habits. Develop a good sleep environment with your child



**WELLBEING**  
Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety



**PLAY**  
Promote play and creativity among your child. Allow them to explore

**SELF CARE**

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



**AUTONOMY**

Allow your child to make their own decisions. This will help to build resilience

**RELATIONSHIPS**

Support your child to build positive relationships with friends and family



**RELAXATION**

Help your child to relax. Teach them relaxation skills such as deep breathing

