



Newsletter

07 June 2019

Catholic Life of the School

On Sunday we will celebrate Pentecost. This is the feast of the gift of the Holy Spirit to the Church.

When Jesus was preparing to leave the disciples and return to the Father, he promised to send the Holy Spirit - the Helper - to be with us forever.

The Holy Spirit is part of the Trinity - God the Father, God the Son and God the Holy Spirit. All parts of the Trinity have an element of mystery so we cannot fully understand everything about God.

Jesus did tell us some things to help our understanding. He said that the Father would send the Holy Spirit in Jesus' name and the Holy Spirit will teach us and remind us about Jesus.

The Holy Spirit is alive and active in us today. We can grow in the Holy Spirit in different ways and we can ask for more joy, courage, patience, gentleness, kindness, goodness, faithfulness or self-control.

In your prayer time this week, you may wish to ask the Holy Spirit to be more active in your life and to bring you closer to Jesus.



The Holy Spirit helps us to view others with fresh eyes, seeing them as brothers and sisters in Jesus, to be respected and loved. Pope Francis

Celebrations

We are always very happy to share news about the children's achievements outside of school.

Please email details and photos to:

info@stjo.brent.sch.uk

Safeguarding

If you have any concerns for the safety and well-being of any child, please make an appointment to see Mrs Studd who is our Designated Safeguarding Lead.

In an emergency, please call the police without delay.

We can also help parents through Brent's Early Help Assessment process. If you are having difficulties with housing, finances or health, please speak with Mrs Studd who can signpost you to appropriate support and services.

[Click here](#) for information from the NSPCC on Positive Parenting

[Click here](#) for Brent Citizens Advice

Useful Contacts:

NSPCC: 0808 800 5000

Brent Social Services:
020 8937 4300

Community Dates

09 Jun Pentecost
Shavuot
(Jewish)

12 Jun World Day
Against Child
Labour

St Joseph's

Roman Catholic
Primary School

020 8965 5651

admin@stjo.brent.sch.uk

www.stjosephsrc.co.uk

Summer Term Sports Mornings

Parents are invited to join us for the annual sports mornings this term:

Friday 14 June Year 1 at 9:30 - 10:10

Friday 21 June Year 2 at 9:30 - 10:15

Thursday 27 June Year 3 at 9:30 - 10:30

Friday 28 June Year 6 at 9:30 - 10:30

Thursday 4 July Year 4 at 9:30 - 10:30

Thursday 11 July Year 5 at 9:30 - 10:30

*Dates may be changed at short notice due to weather
or other unforeseen circumstances*

Please ensure your child is provided with their full PE Kit on the day of their sports activities and that they have a water bottle. As the children will be outside for up to an hour, please also ensure you have applied protective sun cream on your child's skin before they come to school.



Unfortunately, we had to cancel the Reception Sport Morning today due to the wet weather. This will be rescheduled and parents will be notified of the new time and date.

Personal Development Information

Mrs Forde and Mrs Studd hosted a Personal Development information session for a select group of parents on Friday 24 May. This was the first time we had organised information sharing in this particular way so we are very thankful to the parents who agreed to take part and to help us shape the next session.

We looked at how the school provides for the children's development throughout their time at St Joseph's, and the support that is in place to ensure every child reaches their full potential. We also looked at how the school works with parents and external partners to ensure every child feels safe and secure.

Some of the topics we looked at included online safety, mental health, gangs and county lines, child criminal exploitation, therapeutic services, local (contextual) safeguarding issues and the importance of seeking/providing early help.

The parents provided great feedback so we will look at your suggestions and comments to develop future sessions.

Times Table-athon!

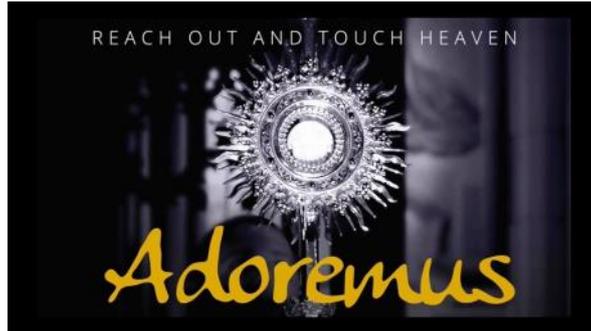
Parents are reminded to send the sponsorship money to school next week.

Year 4 Visit

On Tuesday 04 June, Class 4G attended the 'Brent Deanery Schools' Mass' at Mary Magdalene Church in Willesden alongside the other Catholic schools in Brent.

Father Stephen said the Mass with Father Andrew. Pupils were reminded that this year in the church there is special attention to the Blessed Sacrament of the Eucharist.

The children were prompted to remember what 'Adoremus' means and were invited to renew and deepen their faith in, and devotion towards, the presence of the Lord Jesus in the Eucharist - both in the celebration of the Mass and in adoration and prayer before the Blessed Sacrament.



I enjoyed the Mass today because I was able to share my belief and faith among many other schools and pupils. I learned that Adoremus means 'let us adore'. Furthermore, I enjoyed the Mass today because I reflected on my faith. Eva 4G

Class 4G went to Mass and represented St. Joseph's. I particularly enjoyed being able to renew and strengthen my faith. In addition, I can identify what 'adore' really means to me, which is something I truly cherish. Ivie 4G

I enjoyed this Mass as it gave me time to pray and communicate with God. The monstrance, that Father Stephen displayed, is a sacred object which is made to hold the Blessed Sacrament. Noel 4G

This Mass taught me how to open my heart and how to welcome all of the Catholic community in Brent. Jerusha 4G



Attendance

The class with the best attendance during week beginning 20 May was

Class RS - 100%

If your child is not going to be in school please call the office on 020 8965 5651 or email the school at: admin@stjo.brent.sch.uk before 9.00am on every day of absence.

In addition to making a telephone call by 9.00am on every day of absence, this must be followed up in writing. Parents may complete a **Reason For Absence** form (available from school office or school website) or you may write a letter / email to confirm the reason for the absence.

When you know in advance that your child will be absent, please inform the school in advance and provide appropriate documentation such as the medical appointment letter.

Please remember that all school policies are in place for a reason with the main purpose being to ensure the safety, well-being and secure development of your child.

If we have any concerns about a child's absence, we may carry out a home visit. We may also contact Brent Education Welfare and Social Services.

Please remember term time leave for family holiday and celebrations are not permitted in line with our Attendance Policy. Unauthorised absences are referred to Brent Education Welfare who have the authority to issue Education Penalty Notices of £120 per child, per parent. This reduces by 50% if paid within 21 days.

Safer Internet

This year, Safer Internet Day took place on Tuesday 5 February. This was organised to help increase awareness about the safest ways in which to engage with and enjoy all types of online activity.

At St Joseph's, we frequently communicate with our children and parents about online safety to help reduce the risk of children accessing inappropriate websites or becoming engaged in unsuitable communications online.

The school computers and digital equipment have been protected to prevent children and any other persons on site from accessing any inappropriate materials.

Therefore, we encourage parents to ensure that their own home equipment has the same protections. Please also check regularly what your child is doing online.

Our website contains a number of links to resources for parents. Please [click here](#) for direct access to the information.

School Uniform

Please ensure that children wear full school uniform at all times. All items should be clearly labelled.

As we are now experiencing warmer weather, please ensure you apply an 'all day' sun protection cream on your child's skin before they come to school. Children may also wear the St Joseph's sun cap at break times this term.

Parental Communication

Parents are reminded that it is very helpful for school to be kept informed of any factors that may impact on your child's learning or well-being.

This is to ensure that we are all doing everything we can to support your child and family.

Please make an appointment to see our Education Support Manager, Mrs Studd, to discuss any matters that school should be aware of so we can make informed decisions together.

Personal Safety

Parents are reminded to frequently speak with their children about personal safety.

Many of our older children travel to and from school without their parents. This is a very normal part of preparing children for independent travel.

However, there can be issues that may present danger so please prepare your children for such situations.

Please [click here](#) to view a booklet prepared by the NSPCC to support parents with these conversations.



Please remember that children should not be left unsupervised at the school gates before 8.30am. The school cannot take responsibility for your children before they enter the premises.

Please also be mindful that the roads around the school are very quiet before 8.30am so children should not be arriving before this time and left without adult supervision.

BRENT PARENT CARER FORUM

FREE CONFERENCE

Parents and carers of children/young people aged 0-25
with special educational needs and disabilities (SEND)

Thursday 4 July 2019, 10am-3pm (registration from 9.30am)

The Learning Zone at Wembley Stadium

- Meet other Brent parents who have a child or young person with SEND
- Share your experiences and learn together with professionals working in education, health and social care
- Learn more about education, health and care (EHC) plans and SEN Support (for children without an EHC plan)
- Get information from providers who support SEND
- Refreshments and light lunch

Keynote speaker will be Steve Broach, a public lawyer with a particular interest and expertise in health, education and social care, who focuses on disability and children's rights cases.

Please book your place by 7 June 2019 by visiting (EVENTBRITE URL TO FOLLOW)
For more information telephone Brent Parent Carer Forum on 0114 213 4912 (local rate) or email bpcfoffice@gmail.com

Organised in partnership with Brent Council and Brent Clinical Commissioning Group (CCG)



From Easter to Pentecost - Year C

Linking School, Parish and Home



Religious Education

Key Idea: Easter to Pentecost

This resource continues learning about Easter by exploring the Season of Easter, the period from Easter Sunday to Pentecost. Belief in the resurrection is presented as one of the founding beliefs of Christians. This resource teaches from the Gospel of Luke and Acts of the Apostles, also written by Luke. It uses Luke's technique of 'bridge people' to explore those who brought Christianity to England.

Attitudes and Spiritual Dispositions

Spiritual Outcomes: It is hoped that pupils will develop:

- A strengthened sense of belief in the resurrection of Jesus
 - A sense of how the resurrection provides a way of living
- An appreciation of those how have gone before in faith.

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much greater if you and the school are engaged in talking about the same ideas and beliefs.

- Easter is a time of reflection, thanksgiving and celebration. Make a point of spending time in a Church this Easter.

An idea for prayer at home

Prayer Activity



Loving God,
 In loving you we are called to pass on the message of your love to others.
 We thank you for all those 'bridge people' who have made a road for us to walk.
 May we be like them; setting a path for others to follow.
 Amen

10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM @BELIEVEPHQ



ROLE MODEL
 Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you



TALKING
 Support your child to talk about their problems and how they are feeling



SLEEP
 Support your child to build positive sleep habits. Develop a good sleep environment with your child



WELLBEING
 Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety



PLAY
 Promote play and creativity among your child. Allow them to explore

SELF CARE
 Make sure your child has time and space to look after themselves. Involve yourself in their hobbies

AUTONOMY
 Allow your child to make their own decisions. This will help to build resilience

RELAXATION
 Help your child to relax. Teach them relaxation skills such as deep breathing

RELATIONSHIPS
 Support your child to build positive relationships with friends and family

