



Newsletter

05 April 2019

Catholic Life of the School

We will soon be reflecting on the death of Jesus, and his resurrection during Holy Week.

Before those events, Jesus rode into Jerusalem on a donkey. While this is not how the people expected to see their king arrive, they welcomed him with shouts of praise:

'Blessed is the king who comes in the name of the Lord! Peace in heaven, and glory in the highest heaven!'

Jesus arrives in Jerusalem with the crowds declaring words similar to those sung by the angels at his birth:

'Glory to God in the highest heaven, and on earth peace among those whom he favours!'

So at Jesus' birth and towards the end of his life,

there is no doubt that Jesus is the king who has been sent by God the Father.

*Praise God always,
no matter the time of day.
St Benedict*



SCHOOL CLOSSES FOR EASTER on FRIDAY 12 APRIL at the usual time.

SCHOOL OPENS FOR THE SUMMER TERM at 8.30am on MONDAY 29 APRIL.

Community Dates

07 Apr	World Health Day
08 Apr	Int'l Romani Day
14 Apr	Palm Sunday Rava Navami (Hindu)

Celebrations

We are always very happy to share news about the children's achievements outside of school.

Please email details and photos to:

info@stjo.brent.sch.uk

Safeguarding

If you have any concerns for the safety and well-being of any child, please make an appointment to see Mrs Studd who is our Designated Safeguarding Lead.

In an emergency, please call the police without delay. To contact Brent Social Services, please call 020 8937 4300.

We can also help parents through Brent's Early Help Assessment process. If you are having difficulties with housing, finances or health, please speak with Mrs Studd who can signpost you to appropriate support and services.

[Click here](#) for information from the NSPCC on **Positive Parenting**

[Click here](#) for Brent **Citizens Advice**

Useful Contacts:

NSPCC: 0808 800 5000

Brent Social Services:
020 8937 4300

St Joseph's Roman Catholic

Primary School

020 8965 5651

admin@stjo.brent.sch.uk

www.stjosephsrc.co.uk

Year 1 Trip to Windsor Castle

On Thursday 28 March, the Year 1 children went on a trip to Windsor Castle and they were very excited about their adventure!

First, they saw the changing of the guards at the castle. Then they went on to explore the castle. They saw the Round Tower, St George's Chapel, and they visited the State Apartments. The weather was beautiful and the children enjoyed eating their lunch in the castle gardens.

Zenaye: I liked St George's Chapel because I was very interested in where Harry and Meghan got married!

Isabella: I enjoyed most when we saw the changing of the guards because the music was playing when the guards came in.

Zackary: My favourite part was the changing of the guards because I liked it when they changed around and when they marched.

Please speak with your children about this wonderful learning experience and you may wish to visit Windsor again as a family during the Easter Holidays.



Merit of the Week Award

The following children have received Merit Certificates in our whole school assembly for demonstrating excellent standards in their learning and behaviour:

*Gabriela 2H, Joshua 2S, Bartłomiej 3C, Paige 3G, Moyowa 3W, Isaiah 4G,
Rafael 4H, Kacper 4M, Shernice 5H, Isaiah 5M, Hezron 6L and Avin 6M*

Student of the Week Award

Christabel 2H For working hard and being a role model for others
Nikola 3C For trying her best in everything
Izabela 5H For writing co-operatively with her peers and encouraging them

National Autism Week

It is World Autism Week from 1 April to 7 April 2019.

At St Joseph's, our SENCo, Mrs Forde, organised a special afternoon for the parents of autistic children so we could share and learn from professional and parental experiences.

We received wonderful feedback from parents:

- We have very good support from the school
- I do appreciate very much the excellent work and hard work in helping my child. We're not alone!!
- A very big thank you to all the teachers for preparing the children for this celebration.
- It was really good to see all the children smiling after receiving their certificates
- I am somebody who has just joined the school and I think this school is great!!

Thank you to everyone that joined us for this very special time together.

If you would like to be involved in raising funds for this organisation or would like to help raise awareness, you may find some helpful ideas by [clicking here](#).

The National Autistic Society website also has a resource section for parents and families who require support or further information.



Personal Safety

Parents are reminded to frequently speak with their children about personal safety.

Many of our older children travel to and from school without their parents. This is a very normal part of preparing children for independent travel.

However, there can be issues that may present danger so please prepare your children for such situations.

Please [click here](#) to view a booklet prepared by the NSPCC to support parents with these conversations.



Please remember that children should not be left unsupervised at the school gates before 8.30am. The school cannot take responsibility for your children before they enter the premises.

Please also be mindful that the roads around the school are very quiet before 8.30am so children should not be arriving before this time and left without adult supervision.

Congratulations!

We are delighted to share some great news about Tiago and Eliza-Maya who were placed 4th and 5th in a recent art and design competition organised by Harlesden Neighbourhood Forum.

There were over 100 entries for the competition with Eliza being the youngest entrant and Tiago was also one of the youngest artists to take part!

The children's artwork will be displayed on lampposts on Harlesden High Street from May 2019 so do look out for these fantastic designs!

Well done Tiago and Eliza-Maya - we are very proud of you!

Harlesden Neighbourhood Forum's 2019 'Journeys' Art & Design Competition

Tiago Anneh-Moreira: 4th PLACE

Congratulations!

"I really liked this charming black/white/brown journey drawing for it's universality, and for the way it works so well against the blue & yellow background.

I like the strong design, almost like a 3d tube map, showing people making journeys."

- Judges Irena Halder (Harlesden mural artist), Asare Adjei (Harlesden Library mural artist) and Daniel Waller (Manager Harlesden and Kilburn Libraries)

Rev. Leão Neto - Chair HNF



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info@HarlesdenNeighbourhoodForum.com

Harlesden Neighbourhood Forum's 2019 'Journeys' Art & Design Competition

Eliza-Maya Anneh-Moreira: 5th PLACE

Congratulations!

"An emotional representation of this person's journey in the area.
A wonderfully artistic and creative piece.

I liked the more personal depiction of what it means for a family to make a journey together."

- Judges Irena Halder (Harlesden mural artist), Asare Adjei (Harlesden Library mural artist) and Daniel Waller (Manager Harlesden and Kilburn Libraries)

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Attendance

The classes with the best attendance during week beginning 11 March were:

Class 2H, Class 4H and Class 6M

If your child is not going to be in school please call the office on 020 8965 5651 or email the school at: admin@stjo.brent.sch.uk before 9.00am on every day of absence.

In addition to making a telephone call by 9.00am on every day of absence, this must be followed up in writing. Parents may complete a **Reason For Absence** form (available from school office or school website) or you may write a letter / email to confirm the reason for the absence.

When you know in advance that your child will be absent, please inform the school in advance and provide appropriate documentation such as the medical appointment letter.

Please remember that all school policies are in place for a reason with the main purpose being to ensure the safety, well-being and secure development of your child.

If we have any concerns about a child's absence, we may carry out a home visit. We may also contact Brent Education Welfare and Social Services.

Please remember term time leave for family holiday and celebrations are not permitted in line with our Attendance Policy. Unauthorised absences are referred to Brent Education Welfare who have the authority to issue Education Penalty Notices of £120 per child, per parent. This reduces by 50% if paid within 21 days.

Safer Internet

This year, Safer Internet Day took place on Tuesday 5 February. This was organised to help increase awareness about the safest ways in which to engage with and enjoy all types of online activity.

At St Joseph's, we frequently communicate with our children and parents about online safety to help reduce the risk of children accessing inappropriate websites or becoming engaged in unsuitable communications online.

The school computers and digital equipment have been protected to prevent children and any other persons on site from accessing any inappropriate materials.

Therefore, we encourage parents to ensure that their own home equipment has the same protections. Please also check regularly what your child is doing online.

Our website contains a number of links to resources for parents.

Please [click here](#) for direct access to the information.

Parental Communication

Parents are reminded that it is very helpful for school to be kept informed of any factors that may impact on your child's learning or well-being.

This is to ensure that we are all doing everything we can to support your child and family.

Please make an appointment to see our Education Support Manager, Mrs Studd, to discuss any matters that school should be aware of so we can make informed decisions together.

School Uniform

Please ensure that children wear full school uniform at all times.

In this colder weather, please ensure that your child comes to school every day with their school coat, school hat, school scarf and gloves.

All items should be clearly labelled.

Shine Your Light

How can you use your talents to make someone's day brighter?



My Talents

1 Ash Wednesday	2	3	4	5 First Sunday of Lent
6	7 Today I will learn about Abdi and pray for his family	8	9	10 Second Sunday of Lent
11	12	13 Today I will learn about Joseph and pray for his family	14	15
16 Third Sunday of Lent	17	18	19 Today I will learn about Lily and pray for her family	20
				21



22	23 Fourth Sunday of Lent (Laetare)	24	25 Today I will learn about Zara and pray for her family	26
27	28	29 Fifth Sunday of Lent	30	31 Today I will learn about Annie and pray for her family
32	33	34	35 Palm Sunday	36
37 Today I will learn about Max and pray for his family	38 Holy Thursday	39 Good Friday	40 Holy Saturday	Easter Sunday

Thank you for brightening the lives of local children and families this Lent!



From Lent to Easter - Year C

Linking School, Parish and Home

Religious Education

Key Idea:

This framework is intended as the second in the Spring Term 2019- leading from the beginning of Lent to Good Friday. It continues to focus on the Gospel of Luke in inviting pupils to read and study Luke's account of the Passion of Jesus. During this unit, pupils will also learn about the Stations of the Cross.

Attitudes and Spiritual Dispositions

Spiritual Outcomes: it is hoped that pupils will develop:

- A sense of reflection and prayer
- An openness to the presence of God in the Eucharist

- A willingness to be part of Lent and Easter celebrations

Activities to try at home

You are the first educator of your child in faith. Your child's learning in religious education will be much greater if you and the school are engaged in talking about the same ideas and beliefs.

- Adopt some Lenten practices at home this Lent. Pray; give alms (give to charity) and give up something. As a family decide to give up a negative attitude or behaviour this Lent such as being critical, thoughtless, nagging or avoiding responsibilities.

An idea for prayer at home

Prayer Activity



Lord,

As we begin (continue) this journey with you to Easter, help us to remember to stay close to you in what we do, and what we think, and what we say.

Make us mindful of those around us, particularly those who suffer, and help us to give generously of our time our thoughtfulness and our gifts, this Lent.

We ask this prayer through Christ our Lord, Amen.

10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM



@BELIEVEPHQ



ROLE MODEL

Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you



TALKING

Support your child to talk about their problems and how they are feeling



COPING SKILLS

Work with your child to develop coping skills. Support your child to learn skills such as problem solving and thought challenging

SLEEP

Support your child to build positive sleep habits. Develop a good sleep environment with your child



WELLBEING

Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety



PLAY

Promote play and creativity among your child. Allow them to explore



SELF CARE

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



AUTONOMY

Allow your child to make their own decisions. This will help to build resilience

RELATIONSHIPS

Support your child to build positive relationships with friends and family



RELAXATION

Help your child to relax. Teach them relaxation skills such as deep breathing

