



# Newsletter

01 March 2019

## Catholic Life of the School

The Gospel reading on Sunday includes a very important parable.

Jesus tells us to be careful about making judgments about others. Instead of criticising others, we should ensure that we are growing in goodness.

Jesus reminds us that our actions and words reveal what is truly in our hearts.

In your family prayer time this week, you may wish to think about someone that you feel may be making some mistakes in their life.

Instead of being critical, pray for the person to know more of God's love and goodness so they too will become more like Him.



## Lenten Appeal 2019

Children will be bringing home information about the Lenten Appeal that has been organised by the Catholic Children's Society (CathChild).



Many of our families will recall the generosity of CathChild when we needed learning resources after the school fire in 2015. So we do hope you will feel called to give generously so that other children, families and schools can benefit from support when needed.

Children will bring home cash boxes that they and family members can make contributions to. We will let you know when these need to be returned to school.

## Celebrations

We are always very happy to share news about the children's achievements outside of school.

Please email details and photos to:

[info@stjo.brent.sch.uk](mailto:info@stjo.brent.sch.uk)

## Safeguarding

If you have any concerns for the safety and well-being of any child, please make an appointment to see Mrs Studd who is our Designated Safeguarding Lead.

In an emergency, please call the police without delay. To contact Brent Social Services, please call 020 8937 4300.

We can also help parents through Brent's Early Help Assessment process. If you are having difficulties with housing, finances or health, please speak with Mrs Studd who can signpost you to appropriate support and services.

[Click here](#) for information from the NSPCC on **Positive Parenting**

[Click here](#) for Brent **Citizens Advice**

## Useful Contacts:

NSPCC: 0808 800 5000

Brent Social Services:  
020 8937 4300

## Community Dates

- |        |                                  |
|--------|----------------------------------|
| 01 Mar | St David's Day                   |
| 04 Mar | Maha Shivaratri (Hindu Festival) |
| 06 Mar | Ash Wednesday                    |

## St Joseph's Roman Catholic

Primary School

020 8965 5651

[admin@stjo.brent.sch.uk](mailto:admin@stjo.brent.sch.uk)

[www.stjosephsrc.co.uk](http://www.stjosephsrc.co.uk)

## *Personal Safety*

*Parents are reminded to frequently speak with their children about personal safety.*

*Many of our older children travel to and from school without their parents. This is a very normal part of preparing children for independent travel.*

*However, there can be issues that may present danger so please prepare your children for such situations.*

*Please [click here](#) to view a booklet prepared by the NSPCC to support parents with these conversations.*

*Please remember that children should not be left unsupervised at the school gates before 8.30am.*

*The school cannot take responsibility for your children before they enter the premises.*

*Please also be mindful that the roads around the school are very quiet before 8.30am so children should not be arriving before this time and left without adult supervision.*



## *Ace Clothing Sale*

*The school uniform providers, Ace Clothing, will be in school on Wednesday 13 March from 3.00pm.*

*Ace will be selling St Joseph's uniform with a 10% discount on this day.*

*Payments must be made immediately by cash or card.*

*We do hope parents will take advantage of this opportunity to purchase new items for next year at a discounted price!*



## **ST JOSEPH'S ROMAN CATHOLIC PRIMARY SCHOOL**

### **Presents**



### **The Lion King**

*A limited number of £5 tickets are still available for the 4.30pm performances on:  
Tuesday 5 March, Thursday 7 March and Tuesday 12 March*

*Please contact the school office to purchase tickets as we will not admit anyone without a valid ticket.*

*Ticketholders should arrive at the school at 4.15pm to avoid interrupting the performances. The shows are due to finish by 5.30pm.*

## **Attendance**

The classes with the best attendance during week beginning 11 February were:

**Class 2H, Class 3C and Class 3W**

If your child is not going to be in school please call the office on 020 8965 5651 or email the school at: [admin@stjo.brent.sch.uk](mailto:admin@stjo.brent.sch.uk) before 9.00am on every day of absence.

In addition to making a telephone call by 9.00am on every day of absence, this must be followed up in writing. Parents may complete a **Reason For Absence** form (available from school office or school website) or you may write a letter / email to confirm the reason for the absence.

When you know in advance that your child will be absent, please inform the school in advance and provide appropriate documentation such as the medical appointment letter.

Please remember that all school policies are in place for a reason with the main purpose being to ensure the safety, well-being and secure development of your child.

If we have any concerns about a child's absence, we may carry out a home visit. We may also contact Brent Education Welfare and Social Services.

Please remember term time leave for family holiday and celebrations are not permitted in line with our Attendance Policy. Unauthorised absences are referred to Brent Education Welfare who have the authority to issue Education Penalty Notices of £120 per child, per parent. This reduces by 50% if paid within 21 days.

## **Safer Internet**

This year, Safer Internet Day took place on Tuesday 5 February. This was organised to help increase awareness about the safest ways in which to engage with and enjoy all types of online activity.

At St Joseph's, we frequently communicate with our children and parents about online safety to help reduce the risk of children accessing inappropriate websites or becoming engaged in unsuitable communications online.

The school computers and digital equipment have been protected to prevent children and any other persons on site from accessing any inappropriate materials.

Therefore, we encourage parents to ensure that their own home equipment has the same protections. Please also check regularly what your child is doing online.

Our website contains a number of links to resources for parents.

Please [click here](#) for direct access to the information.

## **Parental Communication**

Parents are reminded that it is very helpful for school to be kept informed of any factors that may impact on your child's learning or well-being.

This is to ensure that we are all doing everything we can to support your child and family.

Please make an appointment to see our Education Support Manager, Mrs Studd, to discuss any matters that school should be aware of so we can make informed decisions together.

## **School Uniform**

Please ensure that children wear full school uniform at all times.

In this colder weather, please ensure that your child comes to school every day with their school coat, school hat, school scarf and gloves.

All items should be clearly labelled.



# Junior Musician of the Year 2019

Wednesday  
13th March 2019

7.00pm

Come and support six extremely talented young finalists, aged 8-12, as they compete for this prestigious title

## Tickets Online:

<https://bjmy2019.eventbrite.co.uk>

£2 / £1 (concessions)

## Venue:

Convent of Jesus and Mary Language College  
Crownhill Road  
Willesden  
London  
NW10 4EP



Supported using grants from  
ARTS COUNCIL ENGLAND



@brentmusicians @brentmusician @brentmusician www.brent.gov.uk/bms

# 10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM



@BELIEVEPHQ



**ROLE MODEL**  
Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you



**TALKING**  
Support your child to talk about their problems and how they are feeling

## SLEEP

Support your child to build positive sleep habits. Develop a good sleep environment with your child



## PLAY

Promote play and creativity among your child. Allow them to explore



## WELLBEING

Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety

## RELAXATION

Help your child to relax. Teach them relaxation skills such as deep breathing



## SELF CARE

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



## AUTONOMY

Allow your child to make their own decisions. This will help to build resilience

## RELATIONSHIPS

Support your child to build positive relationships with friends and family



# Shine Your Light

How can you use your talents to make someone's day brighter?



**My Talents**

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1 Ash Wednesday	2	3	4	First Sunday of Lent	5
6	7 Today I will learn about Abdi and pray for his family	8	9	10	Second Sunday of Lent
11	12	13 Today I will learn about Joseph and pray for his family	14	15	16
Third Sunday of Lent	17	18	19 Today I will learn about Lily and pray for her family	20	21



22	Fourth Sunday of Lent (Laetare)	23	24	25 Today I will learn about Zara and pray for her family	26
27	28	Fifth Sunday of Lent	29	30	31 Today I will learn about Annie and pray for her family
32	33	34	Palm Sunday	35	36
37 Today I will learn about Max and pray for his family	38 Holy Thursday	39 Good Friday	40 Holy Saturday	Easter Sunday	

Thank you for brightening the lives of local children and families this Lent!



