

# PARENT'S CHEAT SHEET TO PRAISING KIDS

by Big Life Journal

## Positive words to use

creative	open-minded	reliable
thoughtful	independent	determined
kind	cooperative	enthusiastic
confident	hardworking	optimistic
adventurous	respectful	positive
generous	trusting	skilled
organized	grateful	patient
curious	resilient	focused
tolerant	brave	insightful
grateful	helpful	innovative
friendly	polite	inventive

## Praise beyond achievements

Their **appreciation** of art.  
Their **excitement** about simple things.  
Their willingness to **ask for help** when they need it.  
Their **care** for grandparents.  
Their **ideas** on how to **improve** things.  
Their **curiosity** about the world and people.  
Their endless **imagination**.  
Their **care** for plants and animals.  
Their **positive outlook** on things.  
Their **patience**.  
Their **focused attention**.