

St Joseph's Roman Catholic Primary School Menu - Autumn 2018

MENU - Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat or Fish	Sausage & Mash	Beef Casserole	Roast Gammon	Meat Pizza with Wedges	Cod Fish Fingers & Chips
Vegetarian	Macaroni Cheese	Quorn & Vegetable Pie	Broccoli Quiche	Vegetarian Pizza & Wedges	Vegetable Lasagne
	Choice of Seasonal Vegetables served daily				
Dessert of the Day	Chocolate Sponge Cake & Custard	Shortbread Biscuits	Fresh Fruit Salad	Sponge Cake & Custard	Jelly
MENU - Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat or Fish	Jerk Chicken & Rice	Beef Lasagne	Roast Chicken	Beef Burger	Cod Fish Fingers & Chips
Vegetarian	Quorn Curry & Rice	Sweet Chilli Noodles	Cheese & Tomato Quiche	Bean Burger	Vegetable Nuggets
	Choice of Seasonal Vegetables served daily				
Dessert of the Day	Eves Pudding & Custard	Jam Sponge & Custard	Cheese & Crackers	Fresh Fruit Salad	Ice Cream
MENU - Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat or Fish	Cajun Chicken Wrap with Veg & Rice	Cottage Pie	Roast Turkey	Hot Dogs	Cod Fish Fingers & Chips
Vegetarian	Tomato & Basil Pasta	Chilli-Quorn-Carne & Rice	Vegetable Sausage Rolls	Broccoli Quiche	Bean Burger
	Choice of Seasonal Vegetables served daily				
Dessert of the Day	Fruit Crumble and Custard	Carrot Cake & Custard	Fresh Fruit Salad	Lemon Sponge Cake & Custard	Ice Lollies
Daily Options: Freshly prepared salads, fresh crusty bread and chilled water					
Daily alternative dessert options are: Selection of seasonal fruits, cheese and biscuits and fruit yoghurts					